

MEASURING OVERNIGHT URINE VOLUMES

NAME:

DATE:

INSTRUCTIONS:

Please make sure your child IS NOT TAKING desmopressin/desmomelt/desmotab

- The aim is to find out how much urine you/your child produces at night-time during 14 consecutive nights.
- Please make sure you/your child void/voids just before to go to bed and write at what time you have/he-she has done it.
- If you wake/your child wakes up during night for a wee, remember that wee should go into a jug and write down the volume.
- If you wear/he-she wears a pull-up or nappy, weight it on a scale in the morning and record the weight.
- Remember the first pee when you wake/your child wakes up in the morning should also go into a jug and write down the volume.
- One gram of weight is equivalent to One ml of urine.

BEFORE YOU START, PLEASE WEIGH ONE DRY PULL-UP OR NAPPY AND WRITE DOWN THE WEIGHT HERE: _____GRAMS

GARRIBOLI PAEDIATRIC UROLOGY LTD

Week 1		NIGHT 1	NIGHT 2	NIGHT 3	NIGHT 4	NIGHT 5	NIGHT 6	NIGHT 7
Before bed	Time of last drink							
Before bed	Time of last void							
MORNING ON WAKING	1 ST VOID VOL							
	+	+	+	+	+	+	+	+
	WT. OF WET NAPPY (g)							
SUBTRACT DRY WT.	-	-	-	-	-	-	-	-
=	=	=	=	=	=	=	=	=
OVERNIGHT PEE VOL.								

GARRIBOLI PAEDIATRIC UROLOGY LTD

Week 2		NIGHT 1	NIGHT 2	NIGHT 3	NIGHT 4	NIGHT 5	NIGHT 6	NIGHT 7
Before bed	Time of last drink							
Before bed	Time of last void							
MORNING ON WAKING	1 ST VOID VOL							
	+	+	+	+	+	+	+	+
	WT. OF WET NAPPY (g)							
SUBTRACT DRY WT.	-	-	-	-	-	-	-	-
=	=	=	=	=	=	=	=	=
OVERNIGHT PEE VOL.								